

## **Tim Bassett, MD**

**Southeastern Spine Specialists  
1781 Commons North Loop  
Tuscaloosa, AL 35406  
(205) 750-0447**

### **EDUCATION**

#### College:

09/80 - 12/80      North Florida Jr. College, Live Oak, FL

01/81 - 05/84      University of Florida, Gainesville, FL  
Phi Beta Kappa National Honor Society  
Phi Eta Sigma Honor Society  
Alpha Epsilon Delta Honor Society  
Presidential Scholarship  
Honors Organic Chemistry  
Inorganic Chemistry Research  
Chemistry Tutor  
Gainesville City League Soccer '81-'83  
Gainesville Veterans Hospital Volunteer  
GPA 3.65  
Bachelor of Science Degree Chemistry

#### Medical School:

08/84 - 05/88      University of Florida, Gainesville, FL  
NIH Student Scoliosis Research Grant  
Surgery Oral Exam Honors  
Gainesville City League Soccer '84-'85  
Graduated Top Third of Class  
GPA 3.50  
Medical Degree

#### Internship:

07/88 - 06/89      University of South Carolina, Columbia, SC  
Richland Memorial Hospital  
Dorn Veterans Hospital  
Modified General Surgery

Residency:

07/89 - 06/93      University of South Carolina, Columbia, SC  
Richland Memorial Hospital  
Dorn Veterans Hospital  
Orthopaedic Surgery - Chairman: Ed Kimbrough, MD  
Golden Hands Award (Infection Control)  
High Score OITE 1989

Military:

05/89              Lieutenant Naval Reserves Medical Corps

10/91              Direct Commissioned Officer School  
Platoon Leader  
Graduated Top 10 Percent of Class  
Expert Pistol Qualified

09/94              Lieutenant Commander Naval Reserves Medical Corps

07/97              Honorable Discharge

Fellowship:

08/93 - 07/94      University of Wisconsin, Madison, WI  
Adult/Pediatric Spinal Disorders and Reconstruction  
Chairman: Tom Zdeblick, MD

Lectures:

1987              Carpal Instability

1987              Benign Chondral Tumors

1987              Idiopathic Scoliosis

1988              MRI of the Knee

1990              Osteoid Osteoma, Osteoblastoma

1990              Osteomyelitis, Septic Arthritis

1991              Liposarcoma, Fibrosarcoma, Synovioma

1991	Rhabdomyosarcoma, MFH
1991	Thoracic Spine Fractures
1992	Duplication of the Thumb, Syndactyly
1992	Genu Varum
1992	Coxa Vara
1992	Fracture Rehabilitation
1993	Spondylolysis, Spondylolisthesis
1993	Thoracolumbar Fracture Management
1993	Pediatric Cervical Spine Trauma
1993	Anterior Cervical Spine Approaches
1994	Thoracolumbar Burst Fractures

## **PRESENTATIONS**

Transepiphyseal Fractures of the Lateral Malleolus in Adolescents  
 SCOA-NCOA Bi-annual Meeting - November 1990  
 Columbus Orthopaedic Days - April 1991

Upper Cervical Fractures Missed on Plain Radiographs, Seen on CT  
 SCOA-NCOA Bi-annual Meeting - October 1992  
 American Academy Orthopaedic Surgeons, Poster - February 1993

Sensitivity of Cervical Spine Roentgenograms in the Trauma Patient  
 American Academy Orthopaedic Surgeons, New Orleans - 1994

Biomechanical Testing of Occipito-Cervical Fixation  
 Cervical Spine Research Society, Baltimore - December 1994

Evaluation and Management of Low Back Pain  
 Northport Medical Center - May 1995

What Everyone Should Know About Low Back Pain  
 Northport Medical Center - October 1995

Current Concepts of MRI of the Spine  
DCH Regional Medical Center - March 1996

Low Back Pain: Evaluation and Management  
Capstone Family Practice Residents Conference - May 1997

Cervical and Lumbar Disc Herniation  
Fayette County Medical Society Meeting - August 1997

Making Sense of Spinal Instrumentation  
Course Chairman, Birmingham - June 1998

Osteoporosis: Diagnosis and Management Including Vertebroplasty  
Tuscaloosa - August 2001

Conference on the Study of Percutaneous Vertebral Body Access  
Course Instructor  
Baltimore - December 2001  
Dallas - February 2002  
Orlando - September 2002  
Nashville - October 2002

Atypical Presentation of Sinus Histiocytosis with Massive Lymphadenopathy  
as an Epidural Spinal Cord Tumor  
American College Osteopathic Surgeons, Poster - September 2004

Dynamic Rod Stabilization of the Spine  
Seaspine Users Meeting, San Diego - July 2007

## **PUBLICATIONS**

Berg EE and Bassett TD: Fixation of Displaced Transverse Patellar  
Fractures: Anterior Wiring Through Cannulated Screws  
Journal Southern Orthopaedic Association  
Vol 2, No 3, pp197-199

Sutterlin, Bianchi, Rapof, Kunz, Bassett, Zdeblick: A Biomechanical  
Evaluation of Occipito-Cervical Fixation  
BED Vol 2 Bioengineering Conference 1995

Bassett, TD and Zdeblick, TA: Complications of Cervical Spine Instrumentation  
Techniques in Orthopaedic Surgery  
Vol 9, No 1, pp 8-17

Bassett, TD and Zdeblick, TA: Biomechanics of Cervical Spine Instrumentation  
The Textbook of Spinal Surgery. Bridwell and Dewald.  
Second Edition, 1996, Chapter Fourteen

Zdeblick, Ghanayem, Rapoff, Swain, Bassett, Cooke, Markel: Cervical Interbody  
Fusion Cages: Animal Model w/w/o BMP. Spine.  
Vol 23, No 7, 1998, pp 758-765

Hargett DC and Bassett, TD: Atypical Presentation of Sinus Histiocytosis with  
Massive Lymphadenopathy as an Epidural Spinal Cord Tumor  
Journal of Spinal Disorders and Techniques  
Vol 18, No 2, April 2005, pp 193-196

## **COURSE TRAINING**

1989	Am Society for Surgery of the Hand
1990	Pathology - Radiology Review Course
1990	Diagnostic and Operative Arthroscopy
1990	Orthotics and Prosthetics Review Course
1990	SCOA-NCOA Bi-annual Meeting
1991	Revision Total Hip Arthroplasty
1991	Problem Fractures and New Frontiers
1992	Ilizarov Basic Course
1992	Pathology - Radiology Review Course
1992	Current Concepts in Knee Arthroplasty
1992	SCOA-NCOA Bi-annual Meeting
1993	Primary Total Hip Arthroplasty
1993	Lumbar Spine Fixation
1993	AAOS, San Francisco

1993	Federation of Spine Associations
1993	Osler Board Review Course
1994	AAOS, New Orleans
1994 Seattle	International Society for the Study of the Lumbar Spine,
1994	Synthes Spine Instrumentation Course
1994	State of the Spine From A to Z
1995	Anterior Column Support of the Thoracolumbar Spine
1995	Endoscopic Laser Assisted Discectomy
1995	Current Concepts in Spinal Endoscopy
1996	Danek Spine Surgeons Conference
1996	Advanced Techniques in Spine Surgery
1996	North American Spine Society (NASS)
1996	Spinetech BAK Education Course
1997	Federation of Spine Associations
1997	AAOS, San Francisco
1997	Controversies in the Management of Spinal Disorders
1998	Controversies and Challenges in Spinal Deformities
1998	Total Spine: Advanced Concepts and Constructs
1998	Challenges to Spine Surgery Symposium
1998	AAOS
1999	NASS
1999	Intradiscal Tissue Modulation
1999	Advances on Treating Osteoporotic Compression Fractures

2000	NASS
2000	AO ASIF Comprehensive Spine Concepts
2001	Conference on the Study of Spinal Osteoplasty
2001	Discussions in Spinal Arthrodesis
2001	AOM Instructors Course - Vertebroplasty
2002	Inflatable Bone Tamp Technology Course
2003	Advanced Cervical Spine Decompression and Stabilization
2003	NASS, San Diego
2003	AO ASIF Interactive Spine Course
2003	Seaspine Users Meeting
2004	Advanced Concepts in Kyphoplasty
2004	NASS, Boston
2004	Seaspine Users Meeting
2004	Cervical Spine Research Society
2005	Sisyphian Spine Society
2005	Seaspine Users Meeting
2005	Minimally Invasive Spine Surgery Training
2005	Charite Artificial Disc Training
2006	Sisyphian Spine Society
2006	Emerging Technologies Spine Education Summit
2006	Seaspine Users Meeting
2006	Percutaneous Nucleoplasty Training
2007	Sisyphian Spine Society

2007	Preservation of Motion in the Spine
2007	Seaspine Users Meeting
2007	NASS, Austin
2007	Interspinous Process Distraction Training
2008	NASS, Toronto, ON, Canada
2009	MAST Techniques Custom Training
2009	US Spine Facet Fixation System
2009	NASS, San Francisco, CA
2010	South Carolina Spine Society Meeting
2011	Cervical Spine Research Society Meeting
2012	Low Back Pain: Does Self-Management Work?
2012	Managing Pain Patients Who Abuse Prescription Drugs
2012	Cervical Spine Research Society Meeting
2012	Case Closed - A Retrospective Approach to Loss Prevention
2012	Get Informed About Informed Consent
2012	Patient Tracking & Follow Up
2012	Tough Talk: Disclosure & Apology Update
2012	What Did The Doctor Say?
2013	South Carolina Spine Society Meeting
2013	NASS Meeting
2013	In Defense of Good Medicine
2014	2014 Mississippi Update for Physician
2014	Adjacent Segment Disease



2014	Terminating the Physician-Patient Relationship
2014	Pathology-Claims, Cases, & Loss Prevention
2014	Informed Consent: A Case Study Review
2014	Caring for Patients with Limited English Proficiency
2014	Infection After ACL Reconstruction
2014	Anterior Approaches Treating Cervical Stenosis/Myelopathy
2014	Carpal Tunnel Syndrome
2014 Collide	Technically Speaking - When Medicine & Technology
2014	Cervical Spine Research Society Meeting
2014	NASS Meeting
2015	NASS - Evidence & Technology Spine Summit
2015	Lumbar Spine Research Society Meeting
2015	South Carolina Spine Society Meeting
2015	MPHP's Prescriber's Summit: Controlled Substances Update
2015	NASS Meeting
2015	Protocol-Based Arthroplasty: Less Is More
2015 Evidence	Advancing Osteoarthritis Care: Current & Emerging for Improving Long-term Outcomes
2015 Events	Testosterone Therapy Reduces All-Cause Mortality,CV
2015	Prediction of Fracture Risk in Patients with Osteoporosis: A Brief Review
2015	The Evolving Epidemic of Prescription Opioid Use

- 2015 So You Think You Know Gout? Fresh Perspectives on Hyperuricemia for Today's Complicated Patients
- 2015 Role of Diet & Exercise in Diabetes Prevention
- 2015 Sudden Cardiac Arrest Somewhat Rare in Middle-Aged Athletes
- 2015 Can Bacon Increase the Risk of Cancer?
- 2015 Physical Exercise Improves Sexual Health in Men
- 2015 Physical Activity for Children: Clinicians Take Action
- 2015 Perspectives in Intrathecal Therapy: Patient Selection, Referral, and Communication Strategies
- 2015 Obesity Treatment Today
- 2015 Addressing a Colleague's Sexually Explicit Facebook Post
- 2015 Treating Osteoarthritis: Selecting NSAIDS for Patients at Cardiovascular Risk
- 2015 Obesity Management: Improving Outcomes by Engaging Patients
- 2015 Physical Activity Protects Motor Function in Older Adults
- 2015 Sitting Linked to All-Cause Mortality, Even for Exercisers
- 2015 Diet & Exercise Not Enough to Prevent Gestational Diabetes
- 2015 Chronic Head Trauma in Athletes: The Debate Continues
- 2015 Workout Supplement Use Triggers Eating Disorder in Men
- 2015 Guideline Stresses Bisphosphonate Infusion for Paget Disease
- 2015 Banning Harmful Health Behaviors as a Condition of Employment: Where There's Smoke There's Fire?
- 2015 New Recommendations for MRI Use in Multiple Myeloma
- 2015 Fracture Risk Elevated in Subclinical Hyperthyroidism

2015	NSAIDS as Effective as Opioid for Pediatric Fracture Pain
2015	Knee OA Treatments: Intraarticular Injections Effective
2015	Lower Back Pain: Study Finds 9 Modifiable Triggers
2015	Classification of Axial Spondyloarthritis: Practice Points
2015	Incorporating Recent VTE Treatment Guidelines Into Practice: A Case Perspective
2015	NOACs for VTE Prophylaxis in Orthopedic Surgery: Balancing Safety and Efficacy
2015	Global Practice Strategies-Recalculating the Risks
2015	Castellvi Spine Conference
2016	Spine B Self-Assessment Exam
2016	EOA-SOA-WOA Self-Assessment Exam
2016	Spine A Self-Assessment Exam
2016	CD MOC Self-Assessment Exam
2016	Mobi-C Surgeon Training Course
2016	The Anatomy of a Claim
2017	Orthopaedic Surgery Grand Rounds

## **SOCIETIES**

Current Member of the North American Spine Society (NASS)  
Former Member of the American Academy of Orthopaedic Surgeons  
Former Member of the Alabama Orthopaedic Society  
Former Member of the Tuscaloosa County Medical Society  
Former Member of the American Medical Association  
Former Board Member of the Sisyphian Spine Society

## **CERTIFICATION**

American Academy of Orthopaedic Surgeons  
Part One - Passed July 1993  
Part Two - Passed July 1997  
Recertification - Passed July 2007  
Recertification - Passed April 2017

## **LICENSURE**

1994 to current      Alabama Licensure #18074  
2002 to 2016      Mississippi Licensure #17956

## **PRACTICE**

July 1994 to May 2005      Alabama Orthopaedic and Spine Center, Northport,  
AL

May 2005 to current      Southeastern Spine Specialists, Tuscaloosa, AL